



## The European Foundations' Initiative on Dementia (EFID)

### Capacity Strengthening Fund 2015

*Towards a network of practitioners for dementia-friendly communities*



## Rationale

In March 2015, EFID Foundations composed of The Atlantic Philanthropies, the Fondation Médéric Alzheimer, the King Baudouin Foundation, the Robert Bosch Stiftung, the Joseph Rowntree Foundation, the Genio Trust and the Life Changes Trust decided to establish a ring fenced Capacity Strengthening Fund to provide support to local initiatives that are implementing good practice.

The two generations of the EFID awardees and special nominees were invited to propose new initiatives to deepen their work in the communities, through joint projects and go-and-see visits. Go-and-see visits facilitate the exchange of ideas and best practice. Joint projects strengthen the collaboration among organisations and create new partnerships.

Funded initiatives are expected to create synergies among EFID awardees and other organisations, disseminate good practice and strengthen the network of practitioners engaged in Dementia Friendly Communities (DFCs).

The inclusion of people with dementia is the cornerstone of the EFID approach. Therefore the proposals received under the CSF have been assessed by a facilitated group of people with dementia. The group has recommended to fund six initiatives for a total budget of €64.000. The selected joint projects and go-and-see visit run until December 2016.



## List of initiatives funded under the EFID Capacity Strengthening Fund

- 1. Joint project:** Out and about with dementia: creating dementia-friendly community, leisure, tourism and family activities in the Pellice Valley, Italy and the city of Kortrijk, Belgium

**Partners:** Rifugio Re Carlo Alberto (EFID awardee), OCMW Kortrijk (EFID awardee), Municipal Council of Luserna San Giovanni, Municipal Council of Torre Pellice

### Project description

Out and About with Dementia responds to wishes of people with dementia (PWD), families and caregivers to continue to go on holidays, day-trips, meals out, visits to their local and other communities, attend family and community celebrations, and see and share more of their cultural heritage. Currently there are barriers to participation. The project brings together people with dementia and community, tourism and leisure services to build a shared understanding of dementia friendly communities (DFCs) and of the role of people with dementia in improving dementia friendliness. A key activity is a holiday exchange to demonstrate how important creating DFCs is in extending opportunities.

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- 2. Joint project:** Learning together

**Partners:** EDUCATE (EFID awardee), YoungDementia UK (EFID awardee)

### Project description

People with dementia in EDUCATE have learnt how to raise public awareness about dementia by giving talks and speaking at meetings. We would like to help people with dementia in other areas to gain awareness raising skills.

YoungDementia UK supports people with young onset dementia to live fulfilled lives in ways not understood by traditional services. YDUK and its members would like to share what we have learnt so that people with young onset dementia in other areas benefit.

Our joint project is a programme of exchanges, workshops and events in Oxford and Stockport to enable us to swap our knowledge and experience.

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- 3. Joint project:** Dementia friends in action

**Partners:** SKE SIMPLEGMATOS KOURI KSILOURIKOU (EFID awardee), LCEDUCATIONAL LTD, NGO ASTARTI

### Project description

Dementia remains one of the most important challenges for our ageing societies.

The CSF will help us deepen and broaden best thinking and practice of dementia friendly communities. Our goal is to give individuals, businesses, policy-makers a better understanding of the steps they can take to ensure that all members of the community are engaged and involved, including those living with a diagnosis of dementia. We wish to create an environment where people with dementia and their families could live well and be active participants in the community.

Raising awareness and providing information are the key to change.

#### 4. **Go-and-see visit:** living at home in a DFC

**Applicant:** City of Arnsberg (Learning Lab Dementia) (EFID awardee)

##### **Description**

A delegation of different partners from Arnsberg's local dementia network want to learn from the good practice of FOTON in Brugge. The key question is how to support people with dementia living at home, and what can new forms of housing solutions offer for Arnsberg.

This trip has two goals:

1. Exchange knowledge and experience
2. Trigger new ideas on housing projects and support systems.

Thus, new impulses will be gained for the strengthening of the local initiative towards a dementia friendly Arnsberg.

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#### 5. **Go-and-see visit:** Sharing European realities to mobilise change: developing Alzheimer's strategy, support and care services in Italy and Bulgaria

**Applicant:** Foundation Compassion Alzheimer Bulgaria (EFID awardee)

##### **Description**

The project "Sharing European realities to mobilise change" involves a visit to the Rifugio Re Carlo Alberto in Italy by the Foundation Compassion Alzheimer Bulgaria (FCAB) staff, board and council partners. Visitors will participate in a conference "Ambassadors for Alzheimer's: Sharing European perspectives and best practices" in Turin; meetings with staff, volunteers, residents of the Refuge, and its public, private and third sector partners. There are similarities in the challenges the project partners encounter in trying to improve the lives of people with dementia. Sharing responses will help provide new solutions and develop Alzheimer's strategy, support and care services in both Italy and Bulgaria.

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#### 6. **Go-and-see visit:** Promote the development of varied actions towards Rennes dementia friendly

**Applicant:** Association Bistrot Mémoire Rennes (EFID awardee)

##### **Description**

Rennes is a quiet city with a strong tradition of voluntary actions and solidarity. The Bistrot Mémoire plans to:

- visit friendly solutions for people with dementia in Brussels and Amsterdam
- visit Stockport and Oxfordshire (UK) and learn from the EDUCATE project and Young Dementia UK
- present our organization at the 25th Alzheimer Europe Conference